



Moray Resource Centre – What is on and when

<p>30 January 2017 between 1.30 – 3pm</p>	<p>Moray Disability Forum Information afternoon</p>	<p>The Moray Disability Forum promotes the welfare of disabled people in Moray. They do this by:</p> <ul style="list-style-type: none"> •Enabling people with any disability to overcome discrimination in all aspects of life. •Acting as a focal point for consultation and action on issues of common concern. •Promoting a range of good integrated services which are locally based. •Liaising with voluntary, statutory and private organisations engaged in the provision of services such as - care, treatment, social, leisure, housing, employment, advocacy and education. <p>Come along to find out more and have the opportunity to find out what they do and how you might like to be involved with the Disability Forum</p>
<p>13 February 2017 between 1.30 – 3pm</p>	<p>World Cancer day. The oaks information day. CLAN cancer support service</p>	<p>The 4th of February is World Cancer Day and as way of promoting services and support for people living with cancer, the Moray Resource Centre are hosting an information afternoon with representatives from The Oaks palliative day centre on Moriston Road and CLAN cancer support service. Come along to MRC and find out more.</p>
<p>27 February 2017 between 1.30 – 3pm</p>	<p>Local and Family History</p>	<p>To be confirmed</p>
<p>13 March 2017 between 1.30 – 3pm</p>	<p>Jane Yeadon nurse and occupational therapy assistant and, local author. Mo Senkiw, a poetess in training.</p>	<p>A light hearted look at life as nurse and OT assistant, Jane is coming to talk about her life and the books she has written. Mo will be giving a wee talk about her creative writing and describes herself as a poetess in training. Come along for an afternoon of light entertainment as well as finding out about the work of the creative writing group in Forres.</p>
<p>27 March 2017 between 1.30 – 3pm</p>	<p>Quarriers Epilepsy information day</p>	<p>Epilepsy is the most common, neurological condition affecting people in Scotland today and can happen to anyone at any time. Around 54,000 people in Scotland are affected by epilepsy. Quarriers has been supporting people with epilepsy since 1906.</p> <p>Moray Resource Centre is hosting an epilepsy information afternoon with Tara Engelmann, Quarriers Epilepsy Advisor raising awareness of epilepsy and what support is available for people living with the condition.</p>

These information afternoons are free and open to everyone, please come and join us. If you would like more information, contact Willie Jack on 01343 551339 or email me on willie.jack@moray.gov.uk