

## OPEN DAY

FRIDAY 29<sup>th</sup> SEPTEMBER 1200–1600 **Poppyscotland Welfare Centre** Strothers Lane, Inverness IV1 1LR

A chance to network and find out more about new initiatives to enhance quality of life for older veterans and their families in the North of Scotland

isolation deprivation anxiety

care wellbeing inclusion respite befriending breaks activities

'UNFORGOTTEN FORCES' is a project, involving 15 organisations, led by Poppyscotland, designed to address the difficulties facing older members of the Armed Forces community and to provide greater social inclusion and enhanced access to services. Please join us on Friday 29th Sept at our office in Inverness to discover how you and your organisations can become involved.

01463 710300 or inverness@poppyscotland.org.uk for more information











